

**RATE CHART** (Monthly premiums for **each** family member)

PLAN TYPE	AGE									
	4 AND UNDER	5-20	21-34	35-44	45-54	55-64	65-69	70-74	75-84	85 +
<b>SUBSTITUTE TEACHERS' PLAN</b>	\$ 51.17	\$ 65.83	\$ 87.79	\$ 124.36	\$ 146.31	\$ 146.31	\$ 146.31	\$ 186.37	\$ 186.38	\$ 186.38

**INSTRUCTIONS**

All individuals must be covered under Manitoba Health and Seniors Care and must enrol in the same plan in accordance with their true family status.

1. Select your plan type.
2. Using the Rate Chart above, insert the rate for each family member into the Rate Calculation amount column.
3. Add the rate(s) within the amount column to determine your Total Monthly Rate.
4. These rates are effective September 1, 2022.

**RATE CALCULATION**

Person Covered	Age	Amount
<b>APPLICANT</b>		
<b>SPOUSE</b>		+
<b>DEPENDENTS</b>		+
		+
		+
		+
		+
		+
		+
		+
<b>TOTAL MONTHLY RATE</b>	=	

