



Symposium | 2026

Bodies, Boundaries, and Brilliance: Leading Through Every Stage

Bodies, Boundaries, and Brilliance: Leading Through Every Stage celebrates the resilience, wisdom, and power that women bring to leadership at every stage of their lives. Each stage brings a season of profound change, marked by both challenges and opportunities, and offers a unique vantage point for redefining what leadership can look like.



Friday Keynote

Owning the Journey: Leadership,
Resilience, and Redefining Confidence
Hon. Nahanni Fontaine



Saturday Keynote

The Power of Transition: Understanding Women's
Hormones to Lead with Clarity and Confidence
The Menopause Practice



Jenny Borgfjord
Know Your Lemons

Friday,
March 6, 2026
5:00 p.m. - 9:00 p.m.

Saturday,
March 7, 2026
8:30 a.m. - 4:00 p.m.

Fee: \$40.00 Members | \$20.00 Student Members | \$50.00 Non-Members



Grace Pagtakhan
MEd, CCC



Dr. Denise Black
Gynecologist - MD, FRCSC



Sascha Epp
The Manitoba Teachers' Society



For additional information, please contact PFLS Staff Officer Nicole Harmacy at nharmacy@mbteach.org

Register today <https://memberlink.mbteach.org/Event.axd?e=2952>