



FemLightenment

SERIES | 2025/2026

The FemLightenment Series is designed to bring those who identify as women together to share their experiences in educational leadership.

Virtual Fall Session – October 21, 2025 meeting from 6:30-7:30 pm is presented by Tanya Neuert, MOT and Stephanie Lacasse, OT

As part of the series, facilitators will be invited to share resources, strategies and practical ideas that participants can use to support their practice.

Redefining Leadership: The Strength of Neurodivergent Women

This presentation explores the intersection of neurodivergence and women in leadership, with a focus on the unique challenges and strengths that arise from late diagnosis, societal expectation, and workplace dynamics. Drawing on current research and personal insights, we will examine how neurodivergent women navigate leadership roles, the barriers they encounter, and the opportunities for creating more inclusive environments. The session will include practical strategies for fostering neurodiversity-friendly workplaces that not only support neurodivergent women leaders but also enhance organizational resilience, creativity, and equity.

DATE: October 21, 2025 **TIME: 6:30-7:30 pm**

TO REGISTER CLICK [HERE](#)



TANYA NEUERT

Tanya Neuert, O.T. Reg. (MB), is a registered occupational therapist specializing in mental health, burnout recovery, and neurodivergence. With more than 13 years of experience, she supports adults navigating stress-related and chronic conditions, life transitions, and neurodivergence, including late-discovered ADHD and autism. Her holistic, intuitive approach draws on evidence-based cognitive, somatic, and nervous system practices, combined with her lived experience as a mom of three, a late-diagnosed neurodivergent adult, and someone who has recovered from burnout.



STEPHANIE LACASSE

Stephanie Lacasse graduated from the Master of Occupational Therapy program at the University of Manitoba in 2009. She started her working career at Riverview Health Centre, where she worked on the Acquired Brain Injury unit. She then transitioned to working as a community-based OT, working with children in schools in Northern Manitoba communities, as well as working with both children and adults requiring neuro rehabilitation. In 2016, Stephanie moved to Vancouver, where she continued her work as a community-based therapist, providing neuro rehab, driving assessments, and completing medical legal assessments. Stephanie moved back home to Winnipeg in 2020 and has been working at The Manitoba Teachers' Society as a Case Manager in Disability Benefits for the last 5 years.