



Dare to Lead - Brené Brown

Description: Engage with your colleagues in conversations about courageous leadership based on author Brené Brown's book, *Dare to Lead; Brave work, tough conversations, whole hearts*.

Dr. Brown's research has made concepts such as vulnerability, empathy, values and more, part of the conversation about leading with courage. Join us to explore these themes and have deep conversations with Manitoba teachers about leadership.

Featuring Barbara McAfee (June 23rd and July 28th)

Barbara is an organizational development consultant and voice coach, specializing in the areas of leadership, meaning, voice and community for people in a wide variety of professions. Barbara's first session, entitled, Daring to Find your Presence is based on her book Full Voice: The Art and Practice of Vocal Presence and will provide an exploration of presence through voice. Her second session, entitled Perfectionism, Shame and Guilt – the Musical antidote will touch upon these themes as discussed by Brené Brown but with a musical touch.

Featuring Karina Walker, founder of Rising Strong (June 16th)

Vision boards are visual representations of your hopes, goals and desires. They help you visually experience what you want to do, where you want to go, who you want to be and how you want to feel. Research has proven if you can visually see a goal, you are more likely to achieve it! Karina will join us to explain the process and impact of creating your own vision board. No materials necessary as Karina will provide the foundation so that we can create our boards as we work through Brené Brown's book.

Date: Tuesday, June 9 – August 4, 2020 (4:30 – 5:30 p.m.)

Participant limit: 30

Cost: Free

Duration: 60 minutes **Delivery Platform:** Zoom

Materials: Participants must have access to the book

Facilitator: Lia Gervino, MTS Staff

Click here to register