

# ON-DEMAND PROFESSIONAL LEARNING (AT YOUR SCHOOL OR VIRTUAL)

Professional and French Language Services (PFLS) is pleased to share the on-demand, customized professional learning experiences for the 2021-2022 school year.

More than a one-off workshop: the PFLS Team will work with you to deliver professional development and facilitate collaborative learning with teacher teams.

Request for Professional Learning services **ENG** **FRE**



A. Equity in Education: Anti-Racism

B. Wellness and the Resilient Educator - Managing Change

C. Collective Efficacy



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## A. Equity in Education: Anti-Racism

### 1. Introduction to Anti-Racism

This session will introduce you to anti-racism education. Topics include the understanding of anti-racism, historical and contemporary contexts, and the ways that racism impacts teachers, students, and school communities. In this workshop you will:

- develop language related to race, anti-racism, and equity in schools.
- examine anti-racism work through a variety of lenses.
- identify actionable steps to improve equity in schools.

### 2. How to be an Anti-Racist Teacher

In this session you'll examine practical tools to engage in anti-racism and anti-oppression work in your classroom and school. Topics include avoiding equity detours, having conversations about race and racism, building equity spaces, and allyship. You will also:

- build a toolkit to address racism and oppression.
- understand the ways bias impacts relationships, classrooms, and schools.
- explore how racism and bias impact student engagement.
- understand the importance of allyship.

## B. Wellness and the Resilient Educator - Managing Change

### 1. Resiliency

This workshop focusses on building your resilience within the context of work and societal change. Here you will:

- unpack the definition of resilience in today's world.
- explore the role empathy, as well as energy and demand management and play in building resilience.
- develop a recovery training plan to build and maintain personal balance.

### 2. Indigenous Approaches to Holistic Wellness

The ability to balance our mental, physical, and emotional selves is central to our sense of wellness and well-being. In this session, you will:

- learn about Indigenous approaches to wellness from a variety of Elders and Knowledge Keepers.
- use storytelling and experiential learning approaches.

### 3. Navigating the Waters of Change

A global pandemic has created opportunities to use reflection and strategy in your teaching practice. In this session, you'll explore next steps in implementing and working with change.

You will learn how to:

- build collective efficacy and social capital.
- engage in learning and inquiry.
- implement change to move forward with a well-informed foundation.

## C. Collective Efficacy

### 1. Leading with Trust

Trust is the foundation of any healthy relations. It's a key predictor of success and engagement in healthy schools. If you're passionate about positive relationships, student success and engagement, this workshop will help you:

- understand the pivotal role that trust plays in improving student success and increasing staff commitment.
- explore practical strategies to increase levels of self-trust and interpersonal trust.
- develop an action plan to guide your workplace relationships and personal growth.

### 2a. Insights Discovery® (please note, cost is \$90.00 per participant)

Insights Discovery® is a powerful tool to enhance relationships and increase emotional intelligence. Here you'll gain an understanding of your own personal profile, insight into your work style preferences and the impact they have on leadership. In this workshop you will:

- gain an understanding of Insights Discovery® as a tool for understanding and adapting.
- recognize perceptions and preferences as the foundation of belief and actions.
- learn to better collaborate with and meet the needs of other professionals.

## Additional Insights Discovery® Learning Opportunities

### 2b. Insights Discovery®: Team Effectiveness (Mandatory Pre-requisite: Insights Discovery®)

Effective teams are the building blocks of successful organizations, so it's vital that they are balanced, focused and cohesive. Team Effectiveness will help you establish balance on your team and create the conditions for its best performance, even during the most difficult times. Here you will learn about:

- the four colour energies in a team
- team dynamics
- adapting and Connecting with the 8-types
- Insights Team Effectiveness Model
- team Culture
- working with the foundation and management chapter of the Insights Discovery® personal profile

### 2c. Discovering Leadership Effectiveness (Mandatory Pre-requisite Insights Discovery®)

Building on the foundation model, Insights Discovery®, you'll explore your personal leadership style and unique value. Through a series of workshops and coaching sessions, you'll explore the ways your individual style and preferences manifest themselves to:

- create a compelling vision.
- produce results.
- maximize the effectiveness of your team through shared goals and values.

Discovering Leadership Effectiveness will help you become the best leader you can be.