



**CONFERENCE
PROGRAM**

WINNIPEG

OCTOBER 19-20, 2022

THE FAB 5 BEGINNING TEACHERS' CONFERENCE

Wednesday: 5:30 pm – 10:00 pm

Thursday: 8:20 am – 3:30 pm

Fab 5 sessions are balanced with a selection of breakout workshops intended to build capacity, confidence, and practical strategies in the areas of classroom management, student engagement, teamwork, and parent partnerships.

Fab 5 offers new teachers an opportunity to network with other beginning teachers and strengthen skills to support their day-to-day classroom practices. The registration fee is minimal, and it includes a light supper, wine and cheese reception, breakfast, and lunch.



Designed for
teachers in their
first five years of
teaching

Keynote & various
breakout sessions

Location:
Victoria Inn Hotel
& Convention
Centre
(Winnipeg)

Registration fee:
Only \$50

Register online:

[https://memberlink.mbt
each.org/Event.axd?e=2](https://memberlink.mbt
each.org/Event.axd?e=2)

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Fab 5 Beginning Teachers' Conference

October 19-20, 2022

Victoria Inn Hotel & Convention Centre
1808 Wellington Avenue (Winnipeg)

Breathlines - Jocelyn MacLeod

Conference Agenda

Wednesday

- 17:30 Registration & Light Supper
- 18:30 Greetings
- 18:45 Breathlines: Jocelyn MacLeod
- 19:45 Wine & Cheese Networking

Thursday

- 8:20 Breakfast
- 9:00 Keynote: Dr. Marc Kuly
- 10:15 "A" Sessions
- 11:20 "B" Sessions
- 12:20 Lunch
- 13:20 "C" Sessions: Curriculum
Mentorship Sessions
- 14:15 Refreshment Break
- 14:30 "D" Sessions: Curriculum
Mentorship Sessions

The evening session will be presented by Jocelyn MacLeod.

Breathlines, a form of mindful and expressive painting, was developed by Toronto artist Paul Hogan. He shared it for many years with teachers working with children who have behavior challenges and with new language learners. He brought it to Sri Lanka as a practice to unite displaced children across languages and to create space for them to share their stories.

This painting style has been used as a mindfulness activity to practice breathing and to support youth and adults in sharing their emotions. Breathlines promotes dialogue with newcomers and the use of new vocabulary. This activity encourages you to let go of control and to just follow your breaths. Artistic ability not required!



Keynote: The Empowered Teacher



Dr. Marc Kuly is an Associate Professor of Education at the University of Winnipeg. Marc spent fifteen years teaching in Winnipeg, including spending time as a mentor for new teachers in the Inner City. Marc's research focuses on storytelling, teacher knowledge, inter-cultural understanding, and the experience of Indigenous students in Manitoba.

His keynote address will discuss the insights

of students who beat the odds about the things teachers do that make a difference.

Topics to be covered: teaching advocacy, Indigenous-settler relationships, and teaching for social justice.

A Sessions: 10:15-11:15 (Select One)

A1 - I Am: Creating the Teacher Network

Teaching is a demanding career and the most rewarding one too!

Leveraging self-awareness to build your network with your colleagues, parents, and students. Understanding the important role trust has in building relationships. The difference between tenacity and resilience.

Presenter: Lia Gervino

Lia is a Staff Officer in the Professional and French Language Services Department of The Manitoba Teachers' Society. In addition to workshop development for teacher groups, she also provides support to teachers through the Society's Special Area Groups of Educators, Professional Development Chairs, and various women in educational leadership initiatives. Lia's professional background includes Inclusive Education, student services and teaching in K-12 schools, and was the vice-president of a Local Teachers' Association.

A2 – Dealing with Difficult People

The ability to deal with difficult situations can be quite intimidating, especially as an early career teacher.

This session will focus on how to establish your teacher presence with colleagues, students, school leaders, and parents as you navigate through different conflicts that may arise. Topics that may be covered in this session include: understanding the nature of conflict, how to manage emotions in the moment, how to take perspective, how to check in when triggered, and defusing strategies.

Presenter: **Sylvie Ringuette**

Sylvie has been a clinical counsellor for over 20 years and 10 of them have been working in the educational system helping educators manage their mental health. She recently started a new role at The Manitoba Teacher Society as a staff officer in the Professional and French language services department. This new role consists of developing workshops on mental health, offering mediation services for members, and being a liaison for the Metro and the South East regions.

A3 - Self- Compassion and the New Teacher

Participants will learn why self-compassion is critical for new teachers, and simple practices to develop self-compassion skills.

What is self-compassion; Evidence on effectiveness; Why new teachers need it more than ever; Simple ways to practice; List of self-compassion resources.

Presenter: **Zach Schnitzer**

After 15 years providing psychotherapy in various settings, including private practice and EAP working with MTS members, Zach joined the Professional and French Language Services Department at MTS. His focus is on member mental health promotion, support, and advocacy, delivering workshops on educator self-compassion and cognitive behavioral therapy, among other initiatives. Zach is married, with two wonderful children aged 2 and 7, and has 3 cats.

A4 - Professional Ethics and Boundaries

In this session we will explore the ways in which the code of official practice applies to your day-to-day interactions with colleagues as well as how your off-duty conduct may influence your relationship with colleagues and the division.

Presenter: **Tim Breen**

Tim is a staff officer in the Teacher Welfare department of The Manitoba Teachers' Society.

B Sessions: 11:20-12:20 (Select One)

B1 - Teacher Identity and the Stories We Share

This workshop will focus on examining our own teaching stories with the goal of making our classrooms even more inclusive and responsive.

Teacher identity: Reflecting on the teaching stories we've inherited; Teacher as storyteller; Relational storytelling; Nurturing a caring ecology in the classroom

Presenter: **Alysha Farrell**

Dr. Alysha Farrell is an Associate Professor in the Faculty of Education at Brandon University. She is passionate about fostering caring ecologies in classrooms and schools. She has presented at several national and international conferences on topics such as teacher identity, classrooms as caring ecologies and using arts-based approaches to better understand the emotional dimensions of teaching and learning.

B2 - It's OK to feel Overwhelmed: A learning circle about the experience of being a new teacher

Participants will engage in discussions about the feelings and thoughts that come with being overwhelmed as a new teacher.

The benefit of sharing your experience in a safe environment. No judgement here! If everyone is feeling overwhelmed, it must be the job, not me. This session will be capped at 10 participants.

Presenter: **Dr. Angela Haig**

Angela is a psychologist who worked in the MTS EAP for 17 years. She has worked with thousands of teachers over the years. She believes teaching is the second most important job in the world – after parenting. She loves working with teachers and supporting them to feel balanced and healthy in their work.

B3 - It's All About You: Planning for Teacher and Student Success

Thinking proactively about teacher approaches can change classrooms.

This one-hour session will guide new teachers on how to use classroom routines and other considerations to build relationships with their students to proactively establish their presence and build a classroom community.

Presenter: **The Teacher-Led Learning Team**

The mandate of the Teacher-Led Learning Team is to design and deliver workshops and presentations to Society members across the province.

B4 - Assessment As Compassion

Assessment can be one of the most stress-inducing activities in classrooms for both teachers and students. Learn strategies to cultivate more compassionate and productive assessment practices in your classroom.

- Explore the relationship between classroom assessment and teacher wellbeing
- Consider how classroom assessment shapes student wellness and engagement in learning
- Develop strategies for more compassionate and productive classroom assessment cultures
- Cultivate assessment habits that enhance teacher wellbeing

Presenter: **Dr. Chris DeLuca**

Christopher DeLuca is a Professor of Classroom Assessment at the Faculty of Education, Queen's University. Leading the Classroom Assessment Research Team, his research focusses on the intersection of curriculum, pedagogy, and assessment as operating within the current context of school accountability and standards-based education. Dr. DeLuca's research centers on how teachers learn to create more positive and productive cultures of assessment in their classrooms to support student learning and wellbeing.

Check out the Beginning Teacher Resources online at www.mbteach.org

Curriculum Mentoring Sessions: Enhancing your Teaching Practice

Connect with a curriculum mentor and your peers to examine problems of practice, brainstorm lesson ideas, share knowledge, resources, challenges, and build relationships that will support you in your first five years!

To prepare for these sessions, participants are encouraged to bring work samples, resources they have used, lesson ideas they want to work on, and questions and challenges they are facing.

The sessions are divided into two blocks. Choose one curricular area for Block C and one curricular area for Block D.

C Sessions: 1:20 – 2:15 (Select One Focus Area)

C1 English Language Arts *Select Early Years, Middle Years, or Senior Years	C2 Indigenous Education	C3 STEM	C4 Math *Select Early Years, Middle Years, or Senior Years	C5 Social Studies	C6 Assessment
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D Sessions: 2:30 – 3:30 (Select One Focus Area)

D1 English Language Arts *Select Early Years, Middle Years, or Senior Years	D2 Indigenous Education	D3 STEM	D4 Math *Select Early Years, Middle Years, or Senior Years	D5 Social Studies	D6 Assessment
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