



Colony Educators of Manitoba

Restitution: An Introduction

McMaster House, 191 Harcourt Street

KEYNOTE

Restitution: An Introduction

Randy McGunigal

The workshop will deal with the following topics:

- Defining Restitution
- Control/Choice Theory: The Foundation of Restitution
- Why People Behave
- External discipline vs Self-discipline
- Stimulus Response vs Internal Motivation
- 5 Positions of Control, Weaving
- Social contract, Rules vs Beliefs
- The Restitution Triangle and having the conversation with the misbehaving child

Restitution is an approach to helping children understand their behaviour, take responsibility for and fix their mistakes, get themselves stronger and become the person they want to be. The goal is to help them become self-disciplined and to meet their needs in responsible ways. This approach rests on what is called The Social Contract, which is created in the classroom and then school-wide.

As much as is possible the day will be an active one for you all, with many activities, discussions in various formats, and some role-playing and practice for skill development. At the end of the day, my goal is that you will have

learned some powerful ideas, equally powerful language and that you will have experienced several activities that you might adapt for use with your students.

Randy McGunigal is currently the half-time guidance counsellor at West St Paul School (K-8). He started his career as a high school English teacher and was able to move into teaching Phys. Ed. half-time two years later. He's been in counselling for the past thirty years, much of that at the junior high/middle school level, but also eight years at the elementary level.

Randy became certified in William Glasser's Reality Therapy in 1982. Diane Gossen, who is the originator of the Restitution approach, worked with Glasser as an instructor for many years before developing Restitution in the early nineties. She was Randy's second week RT instructor and they have been good friends and colleagues since then. He has been a certified Restitution Level One trainer since 2003 and has presented many 2-day Level One sessions to teachers at all levels of the school system, as well as numerous one-day and half-day introductory workshops.

REGISTRATION

Location

McMaster House
191 Harcourt Street
Winnipeg, MB R3J 3H2

Lunch

On site (for CEM members only)

CEM Membership

Full.....\$20

CEM Conference

CEM member.....\$30
Non-member.....\$49

Contact

Kenny Wollmann
Box 40 MacGregor, Manitoba
R0H 0R0
272-5132
kennyw@hbbookcentre.com
Confirmations will be sent by
e-mail only.