



The Manitoba Physical Educators
Teachers' Association
St. James-Assiniboia School Division

Get In The Game

Sturgeon Heights Collegiate,
2665 Ness Avenue



PROGRAM

8:00–8:45 a.m.

Registration/Conference Pack-
age Pick-up

8:30 a.m.–3:30 p.m.

Full Day Sessions

8:45–9:00 a.m.

Meet and Greet

9:00–9:15 a.m.

Introductions and Welcome

9:15–10:15 a.m.

KEYNOTE: All roads lead to
Rome....or do they? Mapping PE
programs towards healthy and
active lifestyles by Jean-François
Richard, Ph.D.

10:15–10:30 a.m.

Nutrition Break/Networking

10:30–10:45 a.m.

Travel Time

10:45 a.m.–12:00 p.m.

Session 1

12:00–1:15 p.m.

Lunch and Marketplace

1:30–3:30 p.m.

Half Day Sessions

1:15–2:15 p.m.

Session 2

2:15–2:30 p.m.

Break

2:30–3:30 p.m.

Session 3

*Marketplace is open from
8:00 a.m.–1:45 p.m.*

KEYNOTE

All roads lead to Rome....or do they? Mapping PE programs towards healthy and active lifestyles

Jean-François Richard, Ph.D. picture

Physical education has a great potential to positively contribute to children's and adolescents' overall development and eventually lead to sound attitudes and behaviours towards healthy living. As educators and as members of a society, we are all very aware of the importance of this end result. Provincial and territorial jurisdictions across Canada have developed programs in order to guide teachers in the development of quality physical education programs and Manitoba is no exception. However, the state of physical education as a subject matter in Canadian schools in its influence on children's and adolescents' adoption of healthy lifestyles has possibly been through a period of stagnation during the last decade or so. Why is this the case? Obviously, there are numerous factors contributing to this situation, some of which teachers have no control (i.e. classroom time allotted for PE.). The purpose of this presentation is to look a little closer at what teachers can control in their classroom environment. More specifically, we will focus on different pedagogical factors that contribute to the development of physical literacy, durable-lifelong learning and eventually the end result of healthy and active lifestyles. Jean-François Richard is a Professor and Dean of education at l'Université de Moncton in Moncton, New Brunswick. Having received a doctoral degree in physical education and educational assessment from l'Université Laval (Québec City, Canada), Jean-François specializes in the fields of curriculum planning and classroom assessment. To his credit, Jean-François has been a regular contributor to the growing body of knowledge in relation to physical education and pedagogy as a whole. Since 1996, most of his work pertaining to physical education has been centered on different aspects of learning and assessment issues in relation to games education. This work has led to no less than 30 publications including contributions to three books all in relation to various issues of games education. Most of Dr. Richard's work has been funded by the Social sciences and humanities research council of Canada (SSHRC) and other granting organisations (public and private sector). The Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD) acknowledged Jean-François's contributions to physical education by naming him Young Professional of the Year for the province of New Brunswick in 1999 and CAHPERD scholar in 2007.



T.U.C.K. 2010

“Get in the groove, get in the game, get in the mood!”

T.U.C.K. (Teaching unbelievable classes to kids) 2010 “Get in the groove, get in the game, get in the mood!” will be held on October 21, 2010. Attend sessions on various themes such as fitness, dynamic warm-ups, zumba, and more! Details will be posted on www.mpeta.ca on September 1, 2010! As well, watch for a brochure in the mail!

The Pre-Game Warm Up!

Please join us for a bonding experience at our Pre- Game Warm Up evening on Thursday, October 21 at Village Inn Bowlin’ Cue-479 Westwood Drive in St. James. Participants will be treated to an informal night of sharing and bonding with other physical educators from around the province. The night will feature an array of food, bowling and pool in a tournament organized by our committee, or individually (your choice). Capacity is 200 participants, so get your tickets early! Come out, have fun and laugh with other physical educators. Tickets are \$15. To order tickets contact Deborah Einarson-Woods or Peter Roadley at dewoods@sjsd.net or peterr@sjsd.net

Purchase tickets on-line with your conference registration or contact the MPETA office at mpeta@sportmanitoba.ca for other options.

9:15–10:15 a.m.

Keynote

All roads lead to Rome...or do they? Mapping PE programs towards healthy and active lifestyles by Jean-François Richard, Ph.D.

Conference Sessions

The locations of all sessions will be announced on MPETA’s website at www.mpeta.ca/sag.htm in September 2010.

8:30 a.m.–3:30 p.m.

Full Day Sessions

Go to www.mpeta.ca/sag.htm for the most up-to-date conference details including information on sessions, presenter biographies, marketplace vendors, handouts...

PE 1

NCCP Accelerated A&B

Coaching Manitoba

Code: PE 1

Level: ALL

Theme: Coaching

Additional Fee: \$35.00

PE 2 Super Coaches Clinic

Basketball Manitoba

Code: PE 2

Level: MY/SY

Theme: Movement

Additional Fee: \$75 (1-day), \$100 (2-day)

1:30–3:30 p.m.

Half Day Sessions

Go to www.mpeta.ca/sag.htm for the most up-to-date conference details including information on sessions, presenter biographies, marketplace vendors, handouts...

PE 3 National Golf in Schools Program

Garth Goodbrandson, Golf Manitoba

Code: PE 3

Level: EY

Theme: Movement

PE 4

Introducing Flag Rugby

Guy McKim

Code: PE 4

Level: ALL

Theme: Movement

PE 5

Street Smart Self Defense

Brian Jones, Judo Manitoba

Code: PE 5

Level: SY

Theme: Movement

PE 6 Movement Education Approach to Teaching the Activity of Gymnastics

Kathy Stoesz,

MB Gymnastics Association

Code: PE 6

Level: EY

Theme: Movement

PE 7 Learn to Bowl: Schools Program

Tom Paterson, Bowl Canada—

Learn to Bowl Program

Code: PE 7

Level: ALL

Theme: Movement

PE 8 Tops: Table Tennis In Schools Program

George Damianov,

MB Table Tennis Association

Code: PE 8

Level: ALL

Theme: Movement

PE 9

Bullying without Borders

Judy Peters, Canadian Red Cross

Code: PE 9

Level: MY/SY

Theme: HE

PE 10

Rhythmic Gymnastics 101

Jill MacGregor,

Rhythmic Gymnastics MB

Code: PE 10

Level: EY/MY

Theme: Movement

PE 11 Flag Rugby for Beginners—Try Something New, Fun, and Easy!

Ibrahim “Obby” Khan & Joel Reynes, Rugby Manitoba

Code: PE 11

Level: MY

Theme: Movement

PE 12 Hockey Clinic!

Gord Blumenshein

Code: PE 12

Level: SY

Theme: Movement

Additional Fee: \$10.00

PE 13 "It's Up to You" An Alcohol and Other Drug Awareness and Prevention Program for MY

Nicole Laping, AFM

Code: PE 13

Level: MY

Theme: HE

PE 14 So, You Think You Can't Dance?!

Martin d'Auteuil & Jonathan Holland,
Golden Gate Middle School

Code: PE 14

Level: ALL

Theme:

PE 15 Promotion and Use of Climbing Walls in Schools

Dan Spiers, Rockcreation Inc.

Code: PE 15

Level: EY/MY

Theme: Alternative Pursuits

PE 16 Earn a Bike Program

Richard Helbig & Warren du Plooy,
Hugh John Macdonald School

Code: PE 16

Level: MY/SY

Theme: Alternative Pursuits

10:45 a.m.–12:00 p.m. Session 1

Go to www.mpeta.ca/sag.htm for the most up-to-date conference details including information on sessions, presenter biographies, marketplace vendors, handouts...

PE 17 Gym Safety & Risk Management

Guy McKim

Code: PE 17

Level: ALL Theme: Safety

PE 18 Age Appropriate Soccer Coaching

Robert Gale, Manitoba Soccer

Code: PE 18

Level: ALL

Theme: Movement

PE 19 Substance Use Awareness

Klinik Community Health Centre

Code: PE 19

Level: SY

Theme: HE

PE 20 Blush Free Sex Ed

Klinik Community Health Centre

Code: PE 20

Level: SY

Theme: HE

PE 21 Thriller Dance & Kung Fu Panda

Jordan Tratch,

John W. Gunn Middles School

Code: PE 21

Level: ALL

Theme: Movement

PE 22 Youth & Gambling: Get the Facts

Kate Evans,

AFM Youth Gambling Services

Code: PE 22

Level: SY

Theme: HE

PE 23 YMCA Community Connections

Sherry Sigurdur, YMCA/YWCA

Code: PE 23

Level: MY/SY

Theme: Fitness & Movement

PE 24 Why Inter-Lacrosse?

Alan Parker, Laralie Higginson,
Manitoba Lacrosse

Code: PE 24

Level: MY/SY

Theme: Movement

PE 25 Playing Fair: Sports & Global Citizenship

Michelle Schram & Zack Gross,

MB Council for International
Cooperation (MCIC)

Code: PE 25

Level: ALL

Theme: Leadership

PE 26 Using Differentiated Instruction to Create Inclusive and Fun Games!

Dr. Catherine Casey,

Faculty of Education, U of M

Code: PE 26 Level: MY/SY

Theme: Inclusive PE (D.D.)

PE 27 Long Term Athlete Development DVD Presentation

Kylo Harris

Code: PE 27

Level: MY/SY

Theme: LTAD

Additional Fee: \$\$10.00

PE 28 YouthSafe Manitoba Field Trip Resource

Laurel Hanna, MPETA

Code: PE 28

Level: ALL

Theme: Safety

PE 29 Winterball: Baseball/Softball Fun in the Gym

Mike Krykewich & Jason Cassils,

Baseball MB

Code: PE 29

Level: EY/MY

Theme: Movement

PE 30 Fostering a Body-Positive Environment

Ann McConkey, RD,

Women's Health Clinic

Code: PE 30

Level: ALL

Theme: HE

PE 31 Using Tennis to deliver the 5 GLOs

Rufus Nel,
Tennis Canada and Tennis MB
Code: PE 31
Level: ALL
Theme: Movement

PE 32 Fit for All

Thompson Educational Publishing
Code: PE 32
Level: EY/MY
Theme: Fitness, Inclusive PE

PE 33 Upside Down and Over! Yoga Techniques for Teaching Gymnastics Skills

Darlene Sveinson,
Balmoral High School
Code: PE 33 Level: EY/MY
Theme: Movement

PE 34 Circus Tricks for PE Teachers

Dr. Dean Kriellaars, U of M
Code: PE 34
Level: MY/SY
Theme: Fitness & Movement

PE 35

Back off Tobacco: A School Based Tobacco Reduction Curriculum for K–12

Joel Gervais,
AFM Community Prevention
Code: PE 35
Level: ALL
Theme: HE

PE 36

Introduction to Tchoukball

Viktor Messejnikov,
Samuel Burland School
Code: PE 36
Level: ALL
Theme: Movement

PE 37

Russian Kettlebell Training

Christine Johnston,
Acceleration Performance
Code: PE 37
Level: ALL
Theme: Fitness

PE 38 NCCP FMS High School Leadership

Sheldon Reynolds,
Coaching Manitoba
Code: PE 38
Level: SY
Theme: Leadership

PE 39 Squash in PE

Gene Turk, Squash Manitoba
Code: PE 39
Level: ALL
Theme: Movement

PE 40

Work, Play, Life...Healthy Eating for Busy People!

Pat McCarthy-Briggs,
Dairy Farmers of Manitoba
Code: PE 40
Level: ALL
Theme: HE

1:15–2:15 p.m. Session 2

Go to www.mpeta.ca/sag.htm for the most up-to-date conference details including information on sessions, presenter biographies, marketplace vendors, handouts...

PE 41 YMCA Community Connections

Sherry Sigurdur, YMCA/YWCA
Code: PE 41
Level: EY
Theme: Fitness & Movement

PE 42 Bringing the Party to the Gym!

Jan Keryluk, Interlake RHA
Code: PE 42
Level: SY
Theme: Fitness

PE 43 Manitoba School Dragon Boat Challenge

Dave Battistuzzi,
MB Paddling Association
Code: PE 43
Level: MY/SY
Theme: Outdoor Pursuits

PE 44 Love vs. Infatuation: Developing Healthy Relationships

Rebecca Ulrich, Red Cross
Code: PE 44
Level: MY/SY
Theme: HE

PE 45

Introduction to Pilates and Strengthening Posture

Diane Kornell & Vino Xavier
Code: PE 45
Level: SY
Theme: Fitness

PE 46

Capital One Rocks & Rings

Chad McMullan,
Rock Solid Productions Inc.
Code: PE 46
Level: EY
Theme: Movement

PE 47

Promoting Healthy Living in Youth by Promoting Positive Images of Aging

Karlee Spiers, MB Seniors and Healthy Aging Secretariat
Code: PE 47
Level: ALL
Theme: HE, Inclusive PE, Movement

PE 48 Assessing Game Performance:

An Introduction to the Team Sport Assessment Procedure (TSAP)

Jean-Francois Richard, PhD
Universite de Moncton
Code: PE 48
Level: ALL
Theme: TGFU

MPETA

PE 49
Have you done Zumba?
Sharon Delbridge
Code: PE 49
Level: MY/SY
Theme: Fitness

2:30–3:30 p.m.
Session 3

Go to www.mpeta.ca/sag.htm for the most up-to-date conference details including information on sessions, presenter biographies, marketplace vendors, handouts...

PE 50
Dance Ideas for All Levels
Terri Tonnellier, Tracy Payne,
Natalie Isford, A.A. Leach School
Code: PE 50
Level: ALL
Theme: Movement

PE 51 **Substance Use & Abuse Gr. 11 Curriculum**
Miguel Lecuyer, AFM
Code: PE 51
Level: SY
Theme: HE

PE 52 **Yoga in the Gym**
Darlene Sveinson,
Balmoral High School
Code: PE 52
Level: EY
Theme: Movement

PE 53 **The Effect of the Manitoba Grade 11 & 12 SY PE Curriculum on Fitness-Related Health, Academic, and Behavioural Outcomes**
Peter Sdrolas, Westwood Collegiate
Code: PE 53
Level: SY
Theme: Curriculum/Assessment

PE 54 **Conversation Maps**
Andrea Kwasnicki-Senkiw,
Canadian Diabetes Association
Code: PE 54
Level: ALL
Theme: HE

PE 55 **Zumba**
Melissa Boychuk
Code: PE 55
Level: ALL
Theme: Fitness

PE 56
Sport Trauma and Pre-Hospital Care and First Aid
Richard Asseslin and Michael Bager,
Canadian Ski Patrol System
Code: PE 56
Level: MY/SY
Theme: Outdoor Pursuits

PE 57 **Rec & Read Mentor Program: Engaging Youth Leaders in an After School Physical Activity Program for Children**
Joannie Halas, Stephanie Midford,
Amy Carpenter, Sopenar Chhin,
U of M
Code: PE 57
Level: SY
Theme: Leadership

PE 58
Sport For Life LTAD Model
Rick Lambert, Sport Manitoba
Code: PE 58
Level: ALL
Theme: Community Development

PE 59 **Round Table Discussion on the Current State of Interscholastic Sports in Manitoba**
Blair DuGray, InForm Net
Code: PE 59

Sponsors



Dairy Farmers
of Manitoba



REGISTRATION

MPETA Membership Fees

Full/Regular.....	\$25
Student.....	\$15
Retired.....	\$15
Associate.....	\$15

Conference Registration Fees (mail-in OR on-line)

Full Day Conference Fees

all delegates will pay any indicated additional session fees where applicable

MPETA Member.....	\$50
Non-Member.....	\$72
Retired.....	\$25
(must be a MPETA Member)	
Student.....	Free
(must be a MPETA Student Member)	

1/2 Day Conference Fees (AM or PM)

MPETA Member.....	\$35
Non-Member.....	\$59
Retired.....	\$17.50
(must be a MPETA Member)	
Student.....	Free
(must be a MPETA Student Member)	

Register on/before October 8 your registration WILL include lunch, conference gift & door prize draw eligibility. Register after October 8 your registration WILL NOT include lunch, conference gift & door prize draw eligibility.

Late Fee.....	\$10
(Registrations received after Oct. 8)	
Walk-up Fee.....	\$35
(Day-of registrations)	

Additional Fees

NSF Fee.....\$15
Sessions with additional fees are identified in the workshop descriptions. ALL delegates are required to pay for any additional session fees—simply add the additional session fee to your Conference Fees. Presenters will not collect additional session fees.

Cancellations

Delegates who cancel their registration on/before October 8 will receive a

refund less the relevant processing fees. Membership fees will not be refunded. Delegates who cancel their registration after October 8 will be refunded 50% of their conference fees. Membership fees will not be refunded. In the unlikely event of the cancellation of the MPETA SAG 2010 Conference due to extenuating circumstances beyond the control of MPETA & the St. James-Assiniboia School Division SAG Conference Committee, refunds will not be issued.

Parking

Parking on the East side of Sturgeon Heights will be reserved and all delegates should park on the West side. Parking at Sturgeon Heights Collegiate- 2665 Ness Avenue will be very limited on SAG day. Where possible please consider carpooling or alternative active means of transportation.

- There will be an indoor and outdoor bicycle “parking” area available for those who may choose to cycle to Sturgeon Heights Collegiate.
- Parking will be available in the Ness Avenue Baptist Church lot.
- Street parking restrictions around Sturgeon Heights Collegiate have been removed on October 22 from 7:00 a.m. to 4:00 p.m. for the following streets: Prairie View Road, Thompson Drive, Harcourt St., Nightingale Rd., Wallasey St., Aldine St., Athlone Drive
- Please obey all “no stopping”, “no parking anytime” signs as well as bus stop, crosswalks, stop signs and fire hydrant restrictions.

Privacy

Your information will be used for the purposes of processing your registration, communicating with you regarding the conference, sending relevant MPETA information to you in the future & generating statistical information related to the administration of MPETA.

Green Event

This year’s SAG Committee is working towards a ‘greener’ SAG Conference.

- **Water:** Please bring your own refillable water bottle or you may purchase a Limited Edition 35th Anniversary MPETA Aluminum Water

Bottle for \$10 to get water from the water coolers. You may pre-purchase a water bottle when you register online or contact the MPETA office for other options.

- **Packaging:** The SAG Committee is aiming for minimal or recycled packaging for the nutrition piece of the conference.
- **Recycling Bins:** There will be blue box recycling bins available to recycle various items.
- **Marketplace Inserts:** This year, there will be minimal inserts in the delegate bags—please be sure to visit the marketplace & pick up any interesting inserts directly from the exhibitors.
- **Active Transportation:** The SAG Committee is working on indoor & outdoor secure bicycle parking. Remember—carpooling is a great option!

To Register

Faxed registrations are NOT accepted!

Electronic: Go online & register with a credit card (VISA or MasterCard ONLY) at www.mpeta.ca/sag.htm. Contact Shannon at (204) 253-8623 if you do not receive your electronic conference confirmation within 24 hours.
Mail-in: Complete either the MTS or MPETA registration form, enclose a cheque (payable to MPETA) & mail to: Planners Plus (106-475 Provencher Blvd - Winnipeg, MB R2J 4A7) Contact Shannon at (204) 253-8623 if you do not receive your mailed conference confirmation within 7 days.

**Delegates will receive exact locations of their sessions in their registration package. Or, go to the MPETA SAG website for electronic and printable maps.

Inquiries

If you have questions about your registration, email shannon@plannersplus.ca or call (204) 253-8623. If you have questions about the conference in general, email mpeta@sportmanitoba.ca or call (204) 926-8357. Complete session descriptions are available on-line at www.mpeta.ca/sag.htm. If you do not have access to the Internet, please call (204) 926-8357 & request a copy be sent to you.